

# DIGITAL HERBARIUM

*Haridra*

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***Charak***

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## Haridra





**Sanskrit names** : Kanchani, Peeta, Nisha, Yoshitpriya, Hattvilasini, Varvarnini

**Latin name** : *Curcuma longa*

**English Name** : Turmeric

**Family** : Zingiberaceae

**Chemical constituents** : Curcumin.

The colouring principles (5%) are curcuminoids, 50–60% of which are a mixture of curcumin, monodesmethoxycurcumin and bisdesmethoxycurcumin

**Guna** :

Rasa	Virya	Vipaka	Doshaghata	Rogaghata	Karma
Katu, Tikta	Ushna	Katu	Tridosha shamaka	Kushtha, Prameha, Pandu	Varnya, Lekhaniya

**Gana** : Kushthaghna, Kandughna (Charaka)  
Haridraadi, Mustaadi (Sushruta)

**Granthokta gunas** :

हरिद्रा कटुका तिक्ता रूक्षोष्णा कफपित्तनुत् ।

वर्ण्या त्वग्दोषमेहास्त्रशोथपाण्डुव्रणापहा ॥ भा-प्र

**Kalpas** :

1. Haridra Khanda
2. Kalyanaka ghritam
3. Chandraprabha vati
4. Nishaa - Aamalaki yoga

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